



**AFOQT**

**— READING JOURNAL —**

**30 Day Study Tracker**

Boost Your AFOQT Reading Comprehension,  
Stamina and Test Taking Skills

# How to Use the Kilo Tango Aviation AFOQT Reading Journal

Welcome to the **Kilo Tango Aviation AFOQT Reading Journal** — your personal tool for building the reading comprehension skills needed to perform at your best.

This journal is designed to help you **develop daily habits** that directly improve your:

- Reading stamina
- Main idea identification
- Inference making
- Vocabulary understanding
- Passage structure recognition
- Critical thinking under timed conditions

**Each day, you will:**

1. **Record** what you read (book/article title, pages read, time spent).
2. **Choose a Focus Step** from the 7 Smart Reading Strategies.
3. **Apply the Focus Step** during your reading session.
4. **Take Notes** and **Reflect** on your focus, progress, and challenges.

**The 7 Focus Steps You Will Rotate Through:**

- **Time Your Reading** — Build stamina for long test sections.
- **Summarize Each Paragraph** — Find main ideas quickly.
- **Catch the Author's Purpose and Tone** — Sharpen your analysis.
- **Make Inferences** — Read between the lines with confidence.
- **Use Context to Define Words** — Grow your vocabulary naturally.
- **Create Practice Questions** — Actively simulate real test questions.
- **Spot the Structure** — Understand how passages are organized.

**Tips for Success:**

- Aim for **15–30 minutes** of focused reading every day.
- Rotate through the **Focus Steps** to develop a complete skill set.
- Stay consistent — **small daily efforts** create big test-day results.
- Review your notes **weekly** to track your growth and adjust your focus.

Stay disciplined, trust the process, and remember:  
**Consistent action leads to confident performance.**

Let's get started.

— Kilo Tango Aviation Prep





A pink airplane is shown in flight, moving from the bottom left towards the top right. It leaves a long, curved pink trail behind it. In the background, there is a large, faint, light gray 'X' mark that spans across the middle of the image. The entire scene is set against a plain white background.



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- 2. Summarize Each Paragraph
- 3. Catch Purpose & Tone
- 4. Make Inferences
- 5. Define Words from Context
- 6. Create Practice Questions
- 7. Spot the Structure

Notes &amp; Observations:







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Reading Duration (min): \_\_\_\_\_

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A pink airplane is shown in flight, moving from the bottom left towards the top right. It leaves a long, curved pink trail behind it. In the background, there is a large, faint, light gray 'X' mark. The entire scene is set against a white background with horizontal gray lines, resembling a notebook page.

















